

Access to Work Support Explained

CR Smith Virtual PA and Coaching

Access to Work is a government-funded scheme designed to help disabled people and those with physical or mental health conditions stay in work or move into employment.

The support available can be life-changing for neurodivergent individuals, including those with ADHD, Autism, Dyslexia, Dyspraxia, Tourette Syndrome and mental health conditions.

What Can Access to Work Fund?

- Specialist coaching and workplace strategy support
- Support workers and job aides
- Assistive technology and software
- Mental health support services
- Travel to work where public transport is difficult
- Communication support at interviews
- Specialist equipment

Who Can Apply?

Access to Work may be available to employees, self-employed individuals, company directors, apprentices and some people attending interviews.

The application process involves providing information about your role, your challenges at work and the support required. Following assessment, recommendations are made and funding may be awarded.

Common Neurodivergent Workplace Challenges

- Executive functioning difficulties
- Time management
- Prioritisation and organisation
- Sensory overload
- Communication challenges
- Fatigue and burnout
- Workplace anxiety

How CR Smith Virtual PA and Coaching Can Help

We support clients throughout the Access to Work process, including applications, renewals, reconsiderations, workplace advocacy and implementation of recommendations.

Our goal is to help individuals secure meaningful support that enables sustainable success at work.

Website: www.crsmithvirtualpa.co.uk